



# Pink Bits & Tit Bits Quarterly Newsletter

## March Edition 2020



### A Note from the President

Hello fellow Pinkies.

We find ourselves in a brave new world with the advent of Covid-19. This virus is having an impact on everyone, either through having to self-isolate, cancelling travel plans, embracing the new norm of social distancing, empty supermarket shelves, and just having to avoid people in general. While the economic impact of this pandemic is significant, so is the mental health aspect of dealing with this threat and changing our way of living, for an indeterminate time. Please look out for each other, check in on those you know to be vulnerable, maintain contact, offer help where you can, but most importantly stay safe and well. We will get through this and return to our paddling and social activities with enthusiasm.

On a more positive note I want to acknowledge the successes of Pinkies paddling in regattas – Ann Matthysen, Rosetta Lynis, Barb Flynn and our newest member Lisa Dunne, who achieved medals at the recently held States Regatta. Well done ladies – your continuing hard work has certainly paid off.

We have continued our regular social events up until the recent restrictions. It has been wonderful to see several Pinkies out and about having a great time together catching up. Outside of paddling, these events help us to connect as a club, build that sense of camaraderie and engage with the community. I encourage everyone to get involved when we are again allowed to socialise.

We continue to plan for the IBCPC in NZ in 2022, albeit at a distance. When life returns to some sort of normal, we will continue with our fund-raising activities.

Take care all.

Yours in Pink,  
Christine Johnston



REDCLIFFE PINK  
**Snapdragons**

Breast Cancer Dragon Boat Club Inc.  
Redcliffe, Queensland, Australia



## Chinese New Year Dinner 27<sup>th</sup> February

We had a fabulous night out celebrating Chinese New Year, the Year of the Rat with fellow Snapdragons at the Taigum Chinese Gardens Restaurant. We had delicious food, smoking deep fried ice cream and a yellow rose for all the ladies. A very enjoyable evening.







## Club Regatta

Redcliffe/Lakers Regatta January 2020

After a well-deserved Christmas break, we got straight into 2020 with volunteering at the Redcliffe/Lakers Regatta. Pinkies helped with boat handling, catering, official duties and marshalling. A successful morning working well with our paddling mates. The weather conditions were certainly challenging with strong currents, some rain and gusty winds. More than one boat came back with half the lake in it. We were looking forward to racing in a BCS 10s race in the afternoon, but as the weather deteriorated the decision was made to cancel the remaining races. Safety of paddlers is, as always, paramount. Our two new BCS paddlers Lisa and Kim were excitedly looking forward to their first racing event but will have to contain their excitement until the next regatta.







## Fundraising

Our fundraising is under way with two Bunning BBQs already this year.

4<sup>th</sup> January



12<sup>th</sup> January



## Sunshine Coast High Tea 15<sup>th</sup> Feb

A fabulous afternoon for a number of Pink Snapdragons enjoying a High Tea put on by our Sunshine Coast Dragons Abreast paddling mates. Everyone had a great time indulging in sweet delights, champagne, raffles and a fashion parade. Lovely way to spend a Saturday afternoon helping our mates fundraise.







## Presentations



18th January

Pinkies dinner out and a presentation to recognise The Ambassador of Redcliffe's much appreciated support of our club.



22<sup>nd</sup> February

A presentation of a Certificate of Appreciation to Preece's at the Jetty in recognition of their ongoing support of the Pink Snapdragons. Not only do they have a table reserved for us every Saturday for breakfast after paddling but also a collection tin on the counter and regularly donate raffle prizes for our fundraising activities. President Christine presented the certificate to Grant, one of the owners of Preece's, who was happy to receive the acknowledgment.







## Out and About

8<sup>th</sup> February

A Pinkies table at the Zonta Trivia night held at the Scarborough Bowls Club. It was great fun and we had a fabulous time. While we didn't win the trivia competition, we definitely weren't last! We did win a hamper and a bottle of wine. All monies raised on the night by Zonta going towards the very worthy cause of research into ovarian cancer. Winning all round.



6<sup>th</sup> March. Quota International Women's Day Breakfast at Mon Komo Hotel.

International Woman's Day is now a global day celebrating the economic, political and social achievements of women in the past, present and future. It is a day when women are recognized for their achievements, regardless of divisions - whether national, ethnic, linguistic, cultural, economic or political and has been recognised and celebrated by Quota International of Redcliffe since 1996.

This year's speaker was Jessica Balfour-Oglivie. Jessica graduated as a Speech Pathologist in 1988 and has been working as one for over 30 years. She has had extensive experience in many facets of childhood speech and language development. In the past 14 years she has worked exclusively at 'Hear and Say' Centre in Ashgrove, Brisbane and became a Certified Auditory-Verbal Therapist in 2011. Jessica is currently the Clinical Manager, Listening and Spoken Language, at Hear and Say. Jessica truly believes that the best intervention for children is, as early as possible, using evidence-based practice and developing strong partnership with families. In 2020 Jessica and the Listening and Spoken Language Team are focused on providing clinical programs that are resilient, relevant and innovative as paramount, in providing clinical programs in the community.



Karin Wagner, Sonia Anger and Sue Drinkwater with Yvette D'Ath and Koliana Winchester.



## Congratulations



16<sup>th</sup> January

A huge congratulations to Charlene Povey for being awarded an Australia Day Sports Award by the Moreton Bay Regional Council. Well deserved. Charlene is the Redcliffe Red Dragons Coach and we are also very fortunate to have her coaching our Breast Cancer Survivor Team.



"When the coach tells you to lift to the line....."





## QLD State Championships



The Pinkies had 4 members representing Redcliffe Red Dragons at the State Champs on 7th and 8th March at Lake Kawana: Ann, Rosetta and Lisa paddling and Barb once again drumming up a storm. The hard work and training with our wonderful Coach, Charlene, paid dividends and ensured that we were right up there with the rest of the teams throughout the weekend. On Saturday we competed in the 500m and 1km racing, and Sunday the 200m and 1km. Despite the awful wet and windy weather and choppy waters everyone had a ball, particularly Lisa, in her very first Regatta - the big smile on her face says it all! To top it off, we all came away with some bling - it doesn't get any better than that!



Best Wishes to those celebrating upcoming Birthdays.

### March

### April

Phil Matthysen 1<sup>st</sup>

### May

Karen Rolfe 3<sup>rd</sup>

Deb Watson 14<sup>th</sup>

Rosetta Lynis 17<sup>th</sup>

Sonia Anger 18<sup>th</sup>

Wendy Weeks 20<sup>th</sup>

Christine Law 21<sup>st</sup>

Del Martin 30<sup>th</sup>





## Calendar of Events

*N.B. Yellow Highlighted Events have been Cancelled Due to Covid-19*

DATE	TIME	DETAILS	LOCATION
<b>March 2020</b>			
Wednesday 25 <sup>th</sup>		Bunnings BBQ	North Lakes
Sunday 29 <sup>th</sup>		Broadwater Regatta	
<b>April 2020</b>			
Sun 5 <sup>th</sup>		Social Paddle/Come and Try	Clubhouse, Talobilla Park
Easter 10 <sup>th</sup> -13 <sup>th</sup>		Australian Championships	Penrith NSW
<b>May 2020</b>			
Sat 2 <sup>nd</sup>	9.30am	Committee Meeting	Clubhouse, Talobilla Park
Wed 6 <sup>th</sup>		Bunnings BBQ	Northlakes
Sat/Sun 9 <sup>th</sup> -10 <sup>th</sup>		1770 Regatta	1770
Sat 30 <sup>th</sup>		Club Presentation Night	
<b>June 2020</b>			
Sat 6 <sup>th</sup>		Red's AGM	Clubhouse, Talobilla Park
Wed 24 <sup>th</sup>		Bunnings BBQ	Northlakes
Saturday 27 <sup>th</sup>	9.30am	Pinks General Meeting	Clubhouse, Talobilla Park
<b>July 2020</b>			
Sat 4 <sup>th</sup>		Committee Meeting	
Sun 5 <sup>th</sup>		Social Paddle/Come and Try	Clubhouse, Talobilla Park
Sat 25 <sup>th</sup>		Snapdragons AGM	Clubhouse, Talobilla Park



When this is over,  
May we never again take for granted  
A handshake with a stranger  
Full shelves at the store  
Conversations with neighbors  
A crowded theater  
Friday night out  
The taste of communion  
A routine checkup  
A school rush each morning  
Coffee with a friend  
The stadium roaring  
Each deep breath  
A boring Tuesday  
Life itself.

When this ends,  
May we find  
That we have become  
More like the people  
We wanted to be  
We were called to be  
We hoped to be  
And may we stay  
That way - better  
For each other  
Because of the worst.

Laura Kelly Fanucci

Word Porn