



REDCLIFFE PINK

*Snapdragons*

*Breast Cancer Dragon Boat Club Inc.  
Redcliffe, Queensland, Australia*

# Pink Bits & Tit Bits Quarterly Newsletter

## July Edition 2021



### Snapdragon's Petals on the Water Ceremony

Saturday, May 1<sup>st</sup> saw us gathering at the compound to farewell three of our Snapdragon Angels, Rosy Loft, Wendy Callaghan and Christine Law. A 'flowers on the water' or our 'petals on the water' ceremony is a traditional way, within BCS clubs, of farewelling pink sisters who have lost their battle with cancer.

Sadly, Wendy's family were unable to attend as they have relocated to Mackay and we were unsuccessful in our attempts to contact Rosy's family. It was, however, lovely to see so many of Christine's family and friends in attendance. The dismal weather meant we were unable to take any boats out into the bay to have our usual ceremony and to share with family and friends the experience that their loved one enjoyed so much.



During weather events like this, thank heavens for the club house!! which enabled us to proceed. Kim, our President, read a poem entitled “Life Well Lived”, Donna Stein spoke about our club on behalf of our members and both Christine’s dad Reg and husband Ivan spoke. We had a lovely morning tea with food provided by our members and then eventually, the rain did ease so that we were able to walk to the pedestrian bridge over the canal, to throw our ‘petals/flowers’ onto the water. To Rosy, Wendy and Christine...

*fly high with the wind in your hair and the sun on your face,  
you will always be with us.*



Rosy Loft



Wendy Callaghan



Christine Law



Christine’s husband Ivan saying a few words



Donna Stein spoke about the Snapdragons





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## **Life Well Lived**

A life well lived is a precious gift,  
of hope and strength and grace,  
from someone who has made our world  
a brighter, better place.

It's filled with moments,  
sweet and sad with smiles and sometimes tears,  
with friendships formed and good times shared,  
and laughter through the years.

A life well lived is a legacy,  
of joy and pride and pleasure,  
a living, lasting memory  
our grateful heart's will treasure.

- Author Unknown





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## Members Recipes

Margery's delicious **White Chocolate, Macadamia & Raspberry Slice** recipe that she brought for morning tea.

165g butter, softened  
2/3 cup(150g) caster sugar  
2/3 cup(150g) brown sugar  
2 eggs  
2 cups(300g) plain flour  
½ tsp baking powder  
2 tbs milk  
200g frozen raspberries  
200g white chocolate coarsely chopped  
½ cup (70g) coarsely chopped toasted macadamias.

Pre heat oven to 180C. Grease and line the base and sides of a 16cm x 26cm slice pan with baking paper. Beat the butter and sugar until pale and creamy.

Add eggs one at a time beating well.

Add flour and baking powder and stir to combine.

Stir in the milk.

Add raspberries, white chocolate and macadamias.

Spread into prepared pan. Bake for 35 – 40 minutes or until inserted skewer is clear





## Hello from the Desk of the Team Manager

### IBCPC's New Zealand Regatta Update

On the 1<sup>st</sup> of March, 2021 it was announced that the above regatta was being postponed for 1 year, until the week beginning Monday, April 10 (Easter Monday) until Monday, April 17, 2023.

The postponement was due at the time to current situations with Covid-19, the roll-out of vaccines, the financial uncertainties after some severe lockdowns and the fact that some northern hemisphere teams would not have been on the water for up to 2 years when the original date in 2022 rolled around.

For various reasons, which include but are not limited to, on-going overseas Covid concerns and the fact that the new dates coincide with Easter and school holidays the majority of Pink Snapdragons who had planned to travel to New Zealand have now withdrawn. (Lyn Grigg)







## Redcliffe Club Presentations

Saturday 22<sup>nd</sup> May Dolphins Leagues Club

This year's recipient of the *Pink Snapdragons President's Award* was awarded to The Mother of Dragons and our Team Manager Lyn Grigg. Lyn has been a long term member of the Pinkies and along with many others formed the backbone of the club.

She has enjoyed competing in regattas, travelling overseas and helping organise the Snapdragons. Travelling to regattas she would have her paperwork spread across the back seat, so any questions the coach asked, she had the answer at her fingertips. In 2010 she travelled with the Pinkies to Canada and once again in 2014 to Florida. If it wasn't for her organizational skills..... well who knows.

When paddling became difficult, she then devoted her precious time to organising, guiding, mentoring and encouraging us to be the best we could be.

No matter where she is or what she is doing, she carries a smile and has a laugh that brightens the shed.





Several of our Pink Snapdragons members also received awards from the Redcliffe Red Dragons for their sports paddling achievements.

Ann Matthysen received the Coach's award from Charlene Povey.



Jill Aplin and Debra Hall were presented with awards for volunteering at regattas.

Unfortunately Debra Hall was unable to attend.

Jill (centre) is pictured with Gilly Robinson and Kay Roper who also received an award.



Fran Heales and Barb Flynn also received an award for the work they do volunteering for the club.







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## Members Competing in Sports Regattas.

### QLD State Titles



The Pinkies had four members representing Redcliffe Red Dragons at the State Champs on 7<sup>th</sup> and 8<sup>th</sup> March at Lake Kawana. Ann Matthysen, Rosetta Lynis and Lisa Dunne paddling and Barb Flynn once again drumming up a storm.

The hard work & training with our wonderful Coach, Charlene Povey, paid dividends and ensured they were right up there with the rest of the teams throughout the weekend.

On Saturday we competed in the 500m and 1km racing, and Sunday the 200m and 1km.

Despite the awful wet and windy weather and choppy waters everyone had a ball, particularly Lisa, in her very first Regatta - the big smile on her face says it all! To top it off, we all came away with some bling - it doesn't get any better than that! (by Ann Matthysen)

### Coast to Coast Dragon Boat Festival

In lieu of this year's Nationals due to the Covid 19, the Coast to Coast Dragon Boat Festival was held at Kawana from the 7<sup>th</sup> to 9<sup>th</sup> May.

Three of our Snapdragon members paddled at this regatta. Ann Matthysen and Rosetta Lynis paddled with the Redcliffe Red Dragons and won a bronze medal. They also paddled with DA Sunshine Coast Pinks and won two silver medals.

Jill Aplin paddled with the Townsville sports team and won two bronze medals. Jill Aplin and Debra Hall also volunteered and officiated at the Coast to Coast Dragon Boat Festival.



Rosetta Lynis & Ann Matthysen



Jill and Debra with Kay Roper and Jenny Shapland





## Dragons Abreast Wollumbin Club Launch Pink Paddle



Some of our Snapdragons along with team mates from Redcliffe Red Dragons travelled down to Northern NSW on Sunday 6<sup>th</sup> June to help Dragons Abreast Wollumbin celebrate their new club name & uniforms. It was a picture perfect day for a paddle on the Tweed River with Mt Warning in the background.

Thanks to DA Wollumbin for a great day, great breakfast and lunch and overall for getting us all together for a paddle to celebrate your new club.







## Brisbane North Chinese Assoc. Dragon Boat Festival

A fantastic family day at the Dragonboat Festival held by the Brisbane North Chinese Community on Sunday 10<sup>th</sup> June at Pelican Park, Clontarf.



Great effort by all volunteers from Brisbane Typhoon, Redcliffe Red Dragons and Pink Snapdragons on the day. Redcliffe Red Dragons came away with a few prizes in the dash-for-cash and shared joint fourth with the Typhoon-Redcliffe mixed boat.

Moreton Bay held true to form with the odd rogue wave and a persistent south-wester that saw one of our boats capsize, followed by a prompt emergency rescue by our safety boat.



### Dragon Boat Festival

Title Supported by 1st Care Community  
首护天使

Sunday, 20 Jun 2021 9:30am-3:30pm  
Pelican Park, Clontarf

Dragon Boat Competition  
Rice Pudding Wrapping Competition  
Rope Pulling Competition  
Free Vegetarian Food/  
Family Fun Games/  
Performances

**FREE ENTRY**

**HOSTED BY**

- Brisbane North Chinese Association
- Multicultural Queensland
- Red Carpet Functions
- Redcliffe Red Dragon Boat Club
- Australian Buddhist Association (BNE)
- Typhoon Brisbane Dragon Boat Club
- Art & Cultural Federation of Sunshine Coast
- Queensland Hanfu Association

**SUPPORTED BY**

- Queensland State Government
- Moreton Bay Regional Council

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**华人社团协会**

**REDCLIFFE PINK**

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- Moreton Bay Regional Council
- Queensland Government
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- ROBAM





## Cooloola Dragons Regatta – Tin Can Bay

Sunday 27th June



Congratulations to the combined Pinkies team of DA Sunshine Coast, DA Gold Coast and Pink Snapdragons (Erlinda May, Kim Weller and Sue Batchelor for paddling an awesome race and retaining the Carol Waitohi trophy.



Erlinda and Kim with Audra Kearney (centre) from DA Sunshine Coast.





This was Sue Batchelor's thoughts on the regatta.

My very first regatta and we came first. Those Sunshine Coast girls are so committed, friendly and lovely. It was a pleasure to be in their boat. Such a great experience. I always thought I was not competitive but when that siren went all I could think about was going as hard as I could. Even at the end when my heart and lungs were racing, it felt so good. Although I usually train with our Red Dragons team it was also my first time to race with them. Again it was brilliant. Weather wasn't the best, but the company was.

IT'S THE  
FRIENDS  
WE MEET  
along THE WAY  
THAT  
HELP US  
APPRECIATE  
THE journey





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## Fundraising

Two Bunnings BBQ's have been our main fundraisers so far this year. We are often at North Lakes Bunnings. Check our website for upcoming dates.



At the moment we are also running a Father's Day Raffle.

Tickets are available at training and from Sue Drinkwater or email [info@pinksnapdragons.com](mailto:info@pinksnapdragons.com)

The Redcliffe Pink Snapdragons Breast Cancer Dragon Boat Club thanks you for your support of our endeavours to help breast cancer survivors rebuild their lives through Fun, Fitness and Friendship.

Proceeds from this raffle will also support our chosen charity, the Brisbane Breast Bank at Royal Brisbane and Women's Hospital, with their ongoing clinical research into breast cancer and will contribute towards the registration cost for our members travelling to the 2023 International Breast Cancer Participatory Festival at Lake Kapariro, Cambridge, New Zealand. A world dragon boat paddling event held every 4 years for breast cancer survivors and their supporters.




### FATHER'S DAY FUNDRAISING RAFFLE

**Drawn 4<sup>th</sup> September 2021**

**1st Prize**

**\$500 Bunnings eGift Card**

**2nd Prize**

**\$100 Gift Voucher from The Ambassador Redcliffe**

**3rd Prize**

**\$30 Dining Experience from PILPEL Redcliffe**

**Tickets**

**\$4 each or 3 for \$10**

See one of our members for tickets or email us at [info@pinksnapdragons.com](mailto:info@pinksnapdragons.com)

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## Out and About

Our first dinner for while was held at the Moreton Bay Boat Club on Tuesday 6<sup>th</sup> July to celebrate Joan and Julie Sommerfeld's birthdays. It was great to catch up as we are having a break from paddling this month and haven't seen each other for a while.



## Annual General Meeting



Pink Snapdragons AGM is coming up on Saturday 31st July, 10.00am at the Paddlers Den.

Sue's dog Molly is showing an interest in the secretary's job 😊





Best Wishes to those celebrating Birthdays.

**July** - Fran Heales 15<sup>th</sup>

**September** - Karin Wagner 6<sup>th</sup>  
Ann Matthysen 14<sup>th</sup>  
Lyn Grigg 27<sup>th</sup>

## Calendar of Events

DATE	TIME	DETAILS	LOCATION
<b>July 2021</b>			
Saturday 31 <sup>st</sup>	10:00am	AGM	Dragons Den
<b>August 2021</b>			
Sunday 8 <sup>th</sup>	7.15am – 3.30pm	Bunnings BBQ	Bunnings Northlakes
<b>September 2021</b>			

<b>June 2022</b>			
3 <sup>rd</sup> – 5 <sup>th</sup>		Pink Fun Paddle Weekend	Maroochy River




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## Club Supporters

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Appointments:  
Monday – Friday  
*Other times by arrangement*



You'll love the feeling of dealing with a person who cares and as a qualified breast care and lingerie consultant, Maria Ellick would be delighted to care for all your needs in the comfort and familiar surroundings of your own home.

Life is about new beginnings and Maria understands that to make a fresh start, you need to feel confident and comfortable.

Maria Ellick would be delighted to demonstrate these products at a time convenient to you.